

Texas Health Steps

Texas Health Steps is a special program for children from birth to 21 who are on Medicaid.

Texas Health Steps provides regular medical and dental check-ups for babies, children, teens, and young adults at no cost to you.

Check-ups:

- Find health problems when they are small even when your child feels okay.
- Prevent health problems that may make it hard for your child to lean and grow.
- Help your child have a healthy smile.

Texas Health Steps is eager to do all they can to make good health happen for your family. **They can help:**

- Find a doctor or dentist
- Make an appointment
- Get a ride or money for gas

If your child's doctor or dentist finds a health problem during a check-up, he or she can make sure your child gets medically necessary care, such as:

- Eye exams and glasses
- Hearing exams and hearing aids
- Special care through the Medical Case Management Program
- Or other medically necessary health or dental care.

Call Texas Health Steps

(Toll Free) at 1-877-847-8377 Monday—Friday from 8:00 am to 7:00 pm for more information.